**Natural Acceptance in Human Beings**

**Aim:** To understanding Natural Acceptance by discussion on - “What do you mean by your natural acceptance? Illustrate with examples. Is it invariant with time and place?”

Natural acceptance implies unconditional and total acceptance of the self, people and environment also refers to the absence of any exception from others. Once we fully and truly commit ourselves to natural acceptance, we feel a holistic sense of inner harmony, tranquillity and fulfilment. Actually, acceptance is way to accept the good things naturally. Learn everything that is good from others, but b in, and in our own way absorb it; do not become others. We can easily verify proposals in the characteristics of natural acceptance mentioned below:

* Natural acceptance does not change with time. It remains invariant with time. For example, natural acceptance for trust and respect does not change with age.
* It does not depend on the place. Whatever we have accepted, in our life, at any time of our age does not change, even if we move from one place to another one.
* It does not depend on our beliefs or past conditionings. No matter how deep our belief conditioning, as long as we ask ourselves the question sincerely, as long as we refer deep ourselves, the answer will always be the same.
* This natural acceptance is 'constantly there', something we can refer to. Natural acceptance always there. Whatever we do, this natural acceptance is within us, it is telling us what is right.
* Natural acceptance is the same for all of us: it is part and parcel of every human being; it is of humanness. Though each one of us may have different likes and dislikes and means to live, react etc. but if we go deep in our mind the purpose of our work, behaviour, efforts etc. are having common goals like need to be happy, need to be respected, need to get prosperity. So, our acceptance remains the same.

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